

My personal RHYTHM OF LIFE

As a member of the *Pace Community*, I commit to a life of peace and prayer.

To nourish and sustain this commitment, I embrace the spiritual posture of presence and awareness.

I strive to live a life shaped by both contemplation and action; a daily rhythm of mysticism and mission.

In my daily life I strive to:

VIRTUES

Prayer

I live a daily rhythm of prayer by...

Study

I live a life of learning and exploration by...

Work

I live a life invested in the lives of others by...

VALUES

Humility

I humbly acknowledge my reliance on God and others and...

Love

I seek and desire only the wellbeing of others by...

Joy

I celebrate life and share it joyfully with others by...

VISION

Peace

I embody the wholeness of positive peace...

Harmony

I spread the spirit of love and harmony by...

Simplicity

I live simply by...

